

## Arthur E Jongsma Jr Series Editor

The Complete Adult Psychotherapy Treatment PlannerThe Child Psychotherapy Treatment PlannerThe Addiction Treatment PlannerFamily Therapy Homework PlannerThe Adolescent Psychotherapy Treatment PlannerThe Veterans and Active Duty Military Psychotherapy Treatment PlannerAddiction Treatment Homework PlannerChild Psychotherapy Homework PlannerChild Therapy Activity and Homework PlannerThe Clinical Documentation SourcebookCouples and Family Client Education Handout PlannerChild and Adolescent Client Education Handout PlannerThe Sexual Abuse Victim and Sexual Offender Treatment PlannerThe Mental Retardation and Developmental Disability Treatment PlannerThe Couples Psychotherapy Progress Notes PlannerThe Crisis Counseling and Traumatic Events Treatment PlannerThe Gay and Lesbian Psychotherapy Treatment PlannerThe California PsychologistBrief Therapy Homework PlannerThe British National Bibliography David J. Berghuis David J. Berghuis Robert R. Perkinson Louis J. Bevilacqua David J. Berghuis Bret A. Moore James R. Finley David J. Berghuis Natalie Sufler Bilynsky Donald E. Wiger Laurie C. Grand Laurie C. Grand Rita Budrionis Kellye Slaggert David J. Berghuis Tammi D. Kolski J. M. Evosevich Gary M. Schultheis Arthur James Wells  
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a time saving resource fully revised to meet the changing needs of mental health professionals the complete adult psychotherapy treatment planner fifth edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of hmos managed care companies third party payors and state and federal agencies new edition features empirically supported evidence based treatment interventions including anger control problems low self esteem phobias and social anxiety organized around 43 behaviorally based presenting problems including depression intimate relationship conflicts chronic pain anxiety substance use borderline personality and more over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options easy to use reference format

helps locate treatment plan components by behavioral problem or dsm 5 diagnosis includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including carf the joint commission tjc coa and the ncqa

a time saving resource fully revised to meet the changing needs of mental health professionals the child psychotherapy treatment planner fifth edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of hmos managed care companies third party payors and state and federal agencies new edition features empirically supported evidence based treatment interventions including anxiety attachment disorder gender identity disorder and more organized around 35 behaviorally based presenting problems including academic problems blended family problems children of divorce adhd and more over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options easy to use reference format helps locate treatment plan components by behavioral problem includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including carf the joint commission tjc coa and the ncqa

the bestselling treatment planning system for mental health professionals the addiction treatment planner fifth edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of hmos managed care companies third party payors and state and federal agencies new edition features empirically supported evidence based treatment interventions organized around 43 behaviorally based presenting problems including substance use eating disorders schizoid traits and others over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options easy to use reference format helps locate treatment plan components by behavioral problem includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including carf the joint commission tjc coa and the ncqa

contains 78 ready to copy homework assignments that can be used to facilitate family therapy homework assignments and exercises are keyed to the behaviorally based presenting problems from the family therapy treatment planner second edition assignments are available online for quick customization features new and updated assignments and exercises to meet the changing needs of mental health professionals the family therapy homework planner second edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode this easy to use sourcebook features new and updated homework assignments consistent with evidence based therapies and grouped by presenting problems including adoption communication issues interracial family problems sexual abuse and school concerns 78 ready to copy exercises covering the most common issues encountered by families in therapy such as family of origin interference depression in family members divorce financial conflict adolescent and parent conflicts traumatic life events and dependency issues expert guidance on how and when to make the most efficient use of the exercises assignments that are cross referenced to the family therapy treatment planner second edition so you can quickly identify the right exercise for a given situation or problem all exercises are available online for you to download and customize to suit you and your clients unique styles and needs for more information on our practice planners products including our full line of treatment planners visit us on the at wiley com practiceplanners

the bestselling treatment planning system for mental health professionals the adolescent psychotherapy treatment planner fifth edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of hmos managed care companies third party payors and state and federal agencies new edition features empirically supported evidence based treatment interventions including conduct disorder substance use low self esteem suicidal ideation adhd and eating disorders organized around 36 behaviorally based presenting problems including peer sibling conflict school violence sexual abuse and others over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options easy to use reference format helps locate treatment plan components by behavioral problem includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including carf the joint commission tjc coa and the ncqa

the veterans and active duty military psychotherapy treatment planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of hmos managed care companies third party payors and state and federal agencies features empirically supported evidence based treatment interventions organized around 39 main presenting problems in treating veterans and active duty military personnel including substance abuse adjustment to killing anger management and domestic violence pre deployment stress survivors guilt and combat and operational stress reaction over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options easy to use reference format helps locate treatment plan components by behavioral problem designed to correspond with the veterans and active duty military psychotherapy progress notes planner includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including carf the joint commission tjc coa and the ncqa

help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems the addiction treatment homework planner fifth edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode this easy to use sourcebook features 100 ready to copy exercises covering the most common issues encountered by clients suffering from chemical and nonchemical addictions such as anxiety impulsivity childhood trauma dependent traits and occupational problems a quick reference format the interactive assignments are grouped by behavioral problems including alcoholism nicotine dependence and sleep disturbance as well as those problems that do not involve psychoactive substances such as problem gambling eating disorders and sexual addictions expert guidance on how and when to make the most efficient use of the exercises assignments that are cross referenced to the addiction treatment planner fifth edition so you can quickly identify the right exercise for a given situation or problem all exercises are available online for you to download and customize to suit you and your clients unique styles and needs

new and updated assignments and exercises meet the changing needs of mental health professionals the child psychotherapy homework planner fifth edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode this easy to use sourcebook features 93 ready to copy exercises covering the most common issues encountered by children such as academic underachievement low self esteem depression and separation anxiety a quick reference format

the interactive assignments are grouped by behavioral problems including blended family problems divorce reaction adhd attachment disorder social anxiety language disorders and unresolved grief and loss expert guidance on how and when to make the most efficient use of the exercises assignments cross referenced to the child psychotherapy treatment planner fifth edition so you can quickly identify the right exercises for a given situation or problem downloadable content contains all the exercises in a word processing format allowing you to customize them to suit your and your clients unique styles and needs

contains 80 ready to copy homework assignments that can be used to facilitate therapy with children expert guidance on how and when to make the most efficient use of the exercises assignments may be quickly customized using the enclosed cd rom help children develop the skills they need to work through problems the child therapy activity and homework planner provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode this easy to use sourcebook features 80 ready to copy exercises covering the most common issues encountered in children in kindergarten through sixth grade a quick reference format the interactive assignments are grouped by behavioral problem such as anger management attention deficit hyperactivity disorder adhd learning difficulties physical challenges and social skills as well as problems related to divorce and adoption expert guidance on how and when to make the most efficient use of the exercises a cd rom that contains all the exercises in a word processing format allowing you to customize them to suit you and the child s unique styles and needs

all the forms handouts and records a mental health professional needs to meet the documentation requirements of the managed care era the paperwork required when providing mental health services in the current era of third party accountability continues to mount this updated and revised second edition keeps today s mental health professionals on top of all the latest developments by providing a full arsenal of forms checklists and clinical records essential to effectively manage a practice from intake to diagnosis and treatment through discharge and outcomes assessment the clinical documentation sourcebook offers sample forms for every stage of the treatment process expanded by 30 from the first edition the book now includes 30 fully completed forms as well as 36 ready to copy blank forms that are also provided on disk so they may be easily customized with the clinical documentation sourcebook you ll spend less time on paperwork and more time with clients ready to use blank forms handouts and records make it easy to satisfy the paperwork demands of hmos insurers and regulatory agencies completed copies of forms illustrate the exact type of information required clear concise explanations of the purpose of each form including when it should be used with whom and at what point forms may be copied from the book or customized on the included disk

includes 62 elegantly designed client handouts that provide information in a clear user friendly format ideal for use in waiting rooms at presentations or as newsletters to help you inform clients and market your practice enclosed cd rom contains all of the handouts that you can print out and distribute to your clients help educate your couples and families on a variety of mental health topics the couples and family client education handout planner provides you with an array of ready to use handouts designed to educate your clients on a variety of issues and concerns related to their mental health and personal growth this easy to use sourcebook features 62 fact filled handouts on various psychological and emotional disorders and life skills techniques listings of resources where clients can go for reliable in depth information handouts that provide educational

information on a wide variety of mental health issues affecting couples and families including addiction depression parent teen conflicts financial stress separation and divorce and many others a cd rom that contains handouts in a pdf format allowing you to easily print out and distribute them to suit you your clients and your practice s unique style and needs

includes 60 elegantly designed client handouts that provide information in a clear user friendly format ideal for use in waiting rooms at presentations or as newsletters to help you inform clients and market your practice enclosed cd rom contains all of the handouts that you can print out and distribute to your clients help educate your child and adolescent clients on a variety of mental health topics the child and adolescent client education handout planner provides you with an array of ready to use handouts designed to educate your clients on a variety of issues and concerns related to their mental health and personal growth this easy to use sourcebook features 60 fact filled handouts on various psychological and emotional disorders and life skills techniques listings of resources where clients can go for reliable in depth information handouts that provide educational information on a wide variety of mental health issues affecting children and adolescents including attention deficit hyperactivity disorder adhd autism eating disorders abuse self esteem and many others a cd rom that contains handouts in a pdf format allowing you to easily print out and distribute them to suit you your clients and your practice s unique style and needs

this timesaving resource features treatment plan components for 27 behaviorally based presenting problems over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options a step by step guide to writing treatment plans that meet the requirements of most insurance companies and third party payors the sexual abuse victim and sexual offender treatment planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of hmos managed care companies third party payors and state and federal review agencies saves you hours of time consuming paperwork yet offers the freedom to develop customized treatment plans for clients who are sexual abuse victims and or sexual offenders organized around 27 main presenting problems including such offender issues as anger difficulties deviant sexual arousal and legal issues such victim issues as eating disorders self blame and social withdrawal and such offender and victim issues as family reunification and self esteem and stress management deficits over 1 000 well crafted clear statements describe the behavioral manifestations of each relational problem long term goals short term objectives and educational interventions easy to use reference format helps locate treatment plan components by behavioral problem or dsm iv tr diagnosis includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including hcfa jcaho and ncqa

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the couples psychotherapy progress notes planner contains complete prewritten session and patient presentation descriptions for each behavioral problem in the couples psychotherapy treatment planner the prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation saves you hours of time

consuming paperwork yet offers the freedom to develop customized progress notes organized around 31 main presenting problems that range from alcohol abuse anxiety and dependency to eating disorders and depression stemming from relationship problems features over 1 000 prewritten progress notes summarizing patient presentation themes of sessions and treatment delivered provides an array of treatment approaches that correspond with the behavioral problems and dsm iv tr diagnostic categories in the couples psychotherapy treatment planner offers sample progress notes that conform to the requirements of most third party payors and accrediting agencies including the jcaho and the ncqa

psychologists therapists and other mental health professionals who treat clients affected by traumatic events such as natural disasters rape and assault need to develop formal treatment plans these plans must conform to requirements of managed care organizations and other third party payers

features pre written treatment plan components behavioral definitions long term goals short term objectives therapeutic interventions and dsm iv diagnoses for special problems faced by gay and lesbian clients this planner includes coverage of issues such as helping gay and lesbian clients cope with adoption abusive partners coming out hate crimes internalized homophobia rape religious shame aids hiv suicidal ideation etc psychologists counselors therapists and other professionals who work with gay and lesbian clients will find this planner invaluable

in an era of brief therapy the time between sessions is an important component of the treatment process this easy to use sourcebook provides pre written psychotherapy homework assignments the exercises are grouped by skill set improving communication techniques changing your perspective developing new coping skills etc the book includes ready to copy blank exercises instructions on when and how to use the assignments and a floppy disk which contains word processing versions of every assignment in the book

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